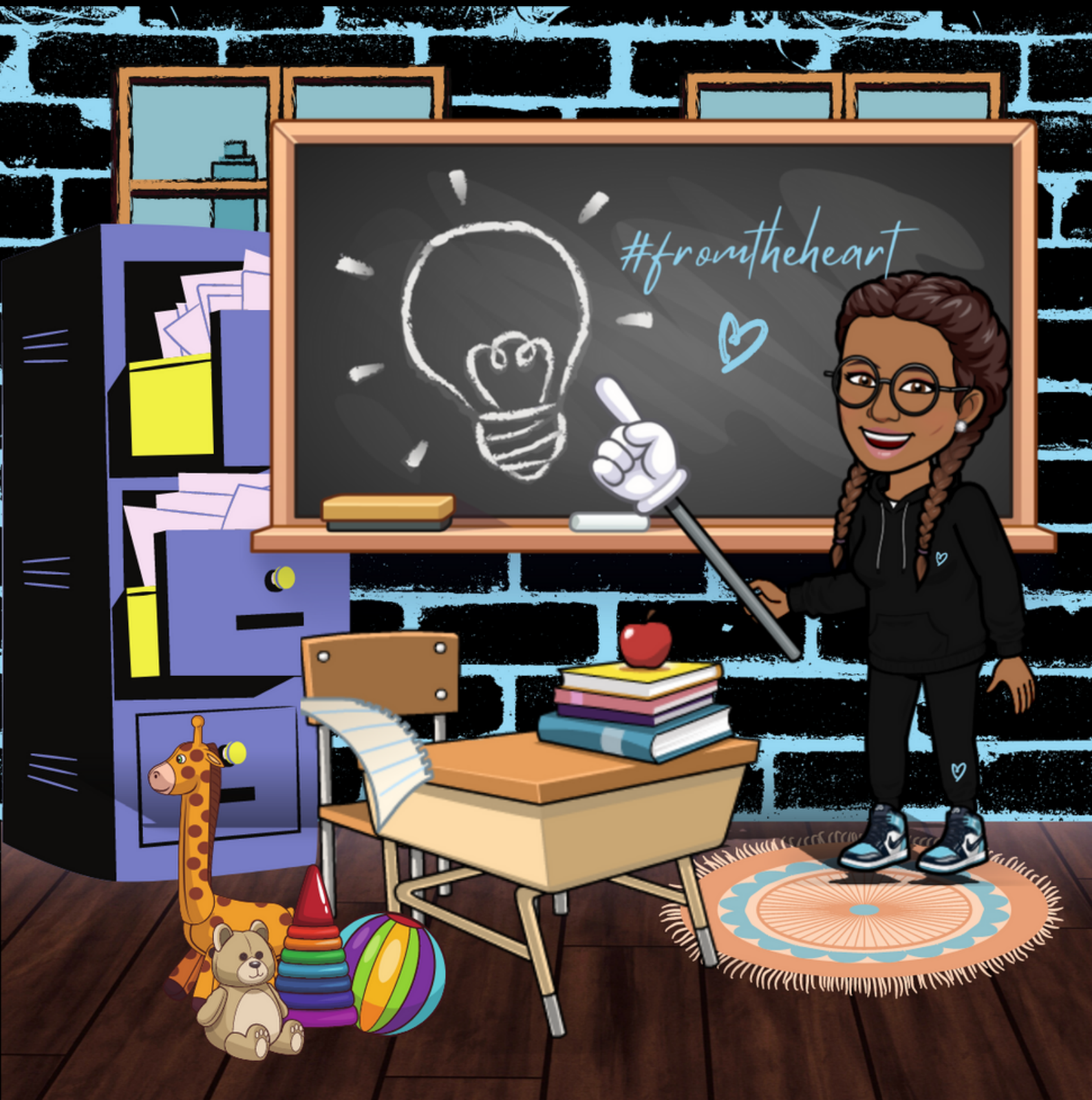


COMMUNITY SERVICE: THE #LIVE4LOVE PROGRAM





HEY FAM!

WELCOME TO

THE #LIVE4LOVE PROGRAM.

THE FOLLOWING PAGES
OUTLINE YOUR RESTORATIVE

TASKS FOR
COMMUNITY SERVICE

THE PROGRAM:

PROGRAM: 5 DAYS

PROGRAM POINTS: 80

DAILY POINTS: (16)

PROGRAMMING:

ASK YOUR SELF

SELF ASSESSMENTS

#LIVE4LOVE INITIATIVE

#LIVE4LOVE LETTER

BELLE'S BLUES



@l4linc



kbelle@kierstanskids.com

DAY 1:

TAKE THE INITIATIVE (4)

scan the QR code to take the initiative.
if you've already done so, great!



ASK YOUR SELF (4)

How do I feel?
What is my goal today?
Who can help me?
How can I help myself?

#LIVE4LOVE INITIATIVE (4)

review the initiative in
your welcome email.
this explains how it
applies to your community.

SELF ASSESSMENT I (4)

take your self assessment.
screenshot and draw on your phone to score.
these assessments will help you with your
tasks on day 5.

SELF ASSESSMENT I

use this rubric to rate how you feel about yourSELF, the initiative, and the program

CATEGORY	CRITERIA	POINTS (RATE 1-4)
SAFETY	how well do you expect to participate in the #Live4Love program?	
EMOTIONS	how strongly do you feel connected to yourSELF?	
LOSS	how do you feel about applying the initiative to your daily life?	
FUTURE	how likely are you to use the initiative in the future?	

know your worth
#VALUEOTHERS

DAY 2:

ASK YOUR SELF (4)

How do I feel?

What is my goal today?

Who can help me?

How can I help myself?

POST THE INITIATIVE (4)

Remember when you took the initiative?

Post your card to your
Social media feed or story.

Don't forget to tag
[@l4linc](#) when you do!



IDENTIFY (8)

Open Communication and
Shared Governance.

Try to spot them on social media, at home,
school, or work. Think about the ways they
influence safety, emotions, loss, and the
future.

DAY 3:

ASK YOUR SELF (4)

How do I feel?
What is my goal today?
Who can help me?
How can I help myself?

BELLE'S BLUES (4)

Music with a message soothes the soul.
Tune into Belle's Blues on Apple Music.

Don't have Apple Music?

Click the pic below to access our playlist,
search and listen to the tracks on the
streaming platform you have access to.



IDENTIFY (8)

Emotional Intelligence and
Non Violence.

Choose the 4 tracks from the Belle's
Blues playlist that you vibe with the most.

Post a story for each one.

Tag @14linc and use #bellesblues

DAY 4:

ASK YOUR SELF (4)

How do I feel?

What is my goal today?

Who can help me?

How can I help myself?

IDENTIFY (8)

Social Learning and
Growth and Change.

Try to spot them on social media, at home, school, or work. Think about the ways they influence safety, emotions, loss, and the future.

REPOST (4)

Repost a meme, video, etc as good examples of Social Learning and Growth and Change.

The more entertaining,
the better for your followers.

Tag @l4linc and use #Live4Love

DAY 5:

REPOST INITIATIVE (4)

Repost this initiative card on social media.

Invite your followers to do the same using:

14linc.org/the-initiative



#LIVE4LOVE LETTER (8)

Show your Social Responsibility.

You've taken the initiative now it's time to show you've got initiative. Write your

#Live4Love letter answering the following:

How can the initiative create better communities in today's society?

How can the initiative create better people in today's society?

How can the initiative help you become a better person in today's society?

SELF ASSESSMENT II (4)

SELF ASSESSMENT II

use this rubric to rate how you feel about yourSELF, the initiative, and the program

CATEGORY	CRITERIA	POINTS (RATE 1-4)
SAFETY	how well were you able to participate in the #Live4Love program?	
EMOTIONS	how strongly do you feel connected to yourSELF now?	
LOSS	how do you feel about applying the initiative to your daily life?	
FUTURE	how likely are you to use the initiative in the future?	

know your worth
#VALUEOTHERS

CONGRATULATIONS!

YOU'VE COMPLETED YOUR COMMUNITY SERVICE. EMAIL YOUR #LIVE4LOVE LETTER TO RECEIVE YOUR PROGRAM CERTIFICATE!

